Confident kids
Child Care | Early Learning

Welcome to

Our Preschool

Together we grow...

Here at Confident Kids, we value partnership and collaboration with our families as believe it is essential for each child's success. We celebrate the unique individuality of each child, recognizing that every little learner brings their own interests, strengths, perspectives, and their own unique culture to our centre.

Together, we create a nurturing environment that supports your child's development and helps them develop holistically. In our Preschool, we place strong emphasis on building meaningful relationships, not only among children but also between educators and families. We believe that strong connections create a supportive environment where every child can thrive.

We also believe that fostering curiosity is vital to early learning, and we encourage children to ask questions, explore their surroundings, and express their ideas.

Through engaging activities and hands-on experiences, your child will develop a love for reading, build foundational maths and literacy skills, and navigate friendships and emotions.

Our educational programs are thoughtfully designed by our Early Childhood Teachers and Educational Leaders to nurture your child's growth in key areas, including literacy, numeracy, social-emotional skills, health, science, music and drama.

We believe that every child learns in unique ways, and we celebrate those differences. Our educational program is designed to meet the diverse needs of each child, incorporating a variety of approaches that cater to different learning styles-whether through play, hand-on activities, storytelling, or group discussions. We also incorporate distinctive styles of learning to cater for our visual, auditory, tactile, and other sensory learners.

"Bright futures begin with confident kids"

Why should you choose Confident Kids Preschool?

We're not just 9am - 3pm

Our contemporary preschool approach gives you the comfort that your child receives the full benefits of our structured daily preschool program, while you are supported with longer care hours from 6:30am to 6:30pm (if required).

We focus on holistic development

We cover all the areas that your child needs to develop holistically from social/emotional, self-help and independence, gross/fine motor skills, literacy, numeracy, and school readiness.

Ease your morning chaos with no meal-prep

All meals are provided with the exception of dinner, our meals are culturally diverse, prepared using fresh ingredients and cooked by our in-house chef. This means your child is busy learning in preparation for school, whilst being provided nurturing teachers and bellies full of delicious nutritious meals, taking the juggle out of your workday.

Our Educators

Our preschool program is led by a Registered Teacher certified with a Bachelor of Education in Early Childhood Teaching (Birth – 12 years) and supported by their experienced team of Diploma and Certificate 3 Qualified Educators. We value our staff's individual strengths and encourage all our staff to work effectively as a team continually updating their skills and knowledge through formal and informal development, along with team building activities and group decision making within the centre.

Our Environments

Our preschool room is a fresh, modern, and natural environment that engages children through several features such as:

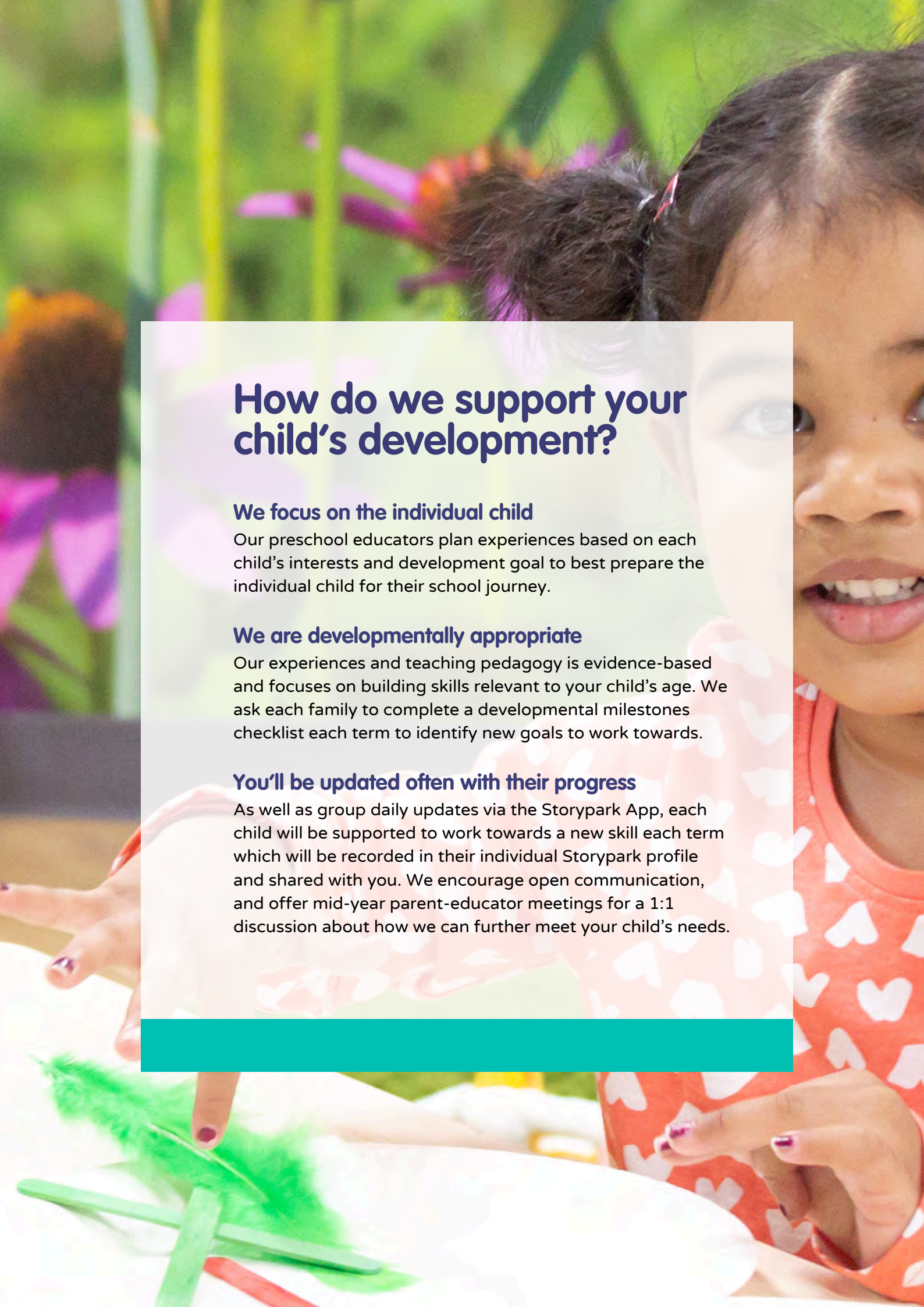
- Developed in consultation with industry experts in early childhood education
- Indoor play areas to inspire through play-based learning principles
- Outdoor play areas that are fun, engaging, and foster curiosity
- Environmental principles considered in the selection of equipment and supplies
- Great range of new educational resources added regularly to keep engagement
- Commercial kitchen with a chef to create delicious, nutritious food.

Embracing Diversity & The Community

Equality, inclusion, and diversity underpin our beliefs for a strong, supportive community. We appreciate and enjoy the wide range of cultural and religious backgrounds of our community and strongly encourage families to involve us with their language, culture and achievements by sharing music, art, recipes and celebrations.

We love involving our families in celebrations, sharing family's expertise with our children, family input into our educational programs and to also support families during these stressful - but rewarding- early years with encouragement, inspiration, education and understanding to ensure that all children are well on their way to a happy, healthy confident future!

We invite all graduating preschoolers and their families to enjoy a graduation celebration in honour of their early learning journey at the end of Term 2 & 4.



How do we support your child's development?

We focus on the individual child

Our preschool educators plan experiences based on each child's interests and development goal to best prepare the individual child for their school journey.

We are developmentally appropriate

Our experiences and teaching pedagogy is evidence-based and focuses on building skills relevant to your child's age. We ask each family to complete a developmental milestones checklist each term to identify new goals to work towards.

You'll be updated often with their progress

As well as group daily updates via the Storypark App, each child will be supported to work towards a new skill each term which will be recorded in their individual Storypark profile and shared with you. We encourage open communication, and offer mid-year parent-educator meetings for a 1:1 discussion about how we can further meet your child's needs.

‘Flying Start’ 3-year-old Preschool Program

Confident Kids is proud to deliver the Flying Start 3-Year-Old Preschool Program, beginning in Term 1, 2026. This play-based, teacher-led program is designed to give children a confident and supported start before school. Children will enjoy up to 15 hours of funded preschool each week, with learning experiences guided by qualified teachers and supported by experienced educators. Our program also provides access to allied health professionals, including speech and occupational therapists, ensuring a holistic approach to each child’s development and all at no extra cost for eligible families, with usual childcare fees remaining unchanged.

Through the Flying Start program, children are encouraged to care for themselves, their belongings, and the environment around them. Our curriculum focuses on building emotional regulation, cooperation, and positive social skills in a nurturing and engaging setting. At the heart of our approach is kindness - one of Confident Kids’ core values - helping children develop empathy, confidence, and a strong sense of belonging as they take their first steps into preschool learning.

OUR COMMITMENT TO QUALITY

The best professional practice is expected from our staff in the provision of education and care within our service. We have high expectations for all children's learning, safety and care and are committed to the principles, practices, and outcomes of the Early Years Framework.

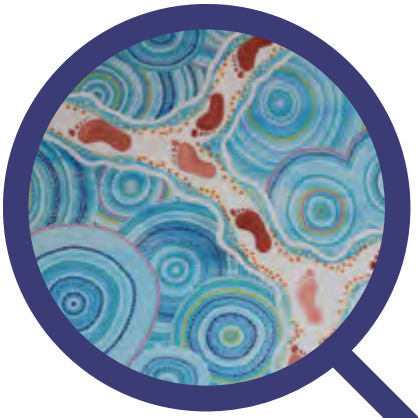
Our Curriculum

Our Preschool literacy and numeracy program, Mindful Learning and Body Safety Programs have been created to support children to achieve the five Early Years Learning Framework outcomes; Children have a strong sense of identity, children are connected with, and contribute to their world, children have a strong sense of wellbeing, children are confident and involved learners and children are effective communicators.

This is implemented through experiences that link our Centre Philosophy, the National Quality Standards and Early Years Learning Framework while also embedding our Reggio Emilia approach to education and care.

Aboriginal & Torres Strait Islander Perspectives

Our program demonstrates a strong commitment to embedding Aboriginal and Torres Strait Islander perspectives. This is done through practices such as the Acknowledgement of Country in daily routines, Aboriginal storytelling (Dreamtime stories), and cultural activities like “Taba Naba” action dancing. These experiences help children understand the importance of Australia’s First Nations cultures, fostering respect for diversity and promoting a strong sense of belonging.



‘Walking On’ is a collaboration piece, combining the works of Ngarrindjeri woman, Coda Cox, and the Aboriginal children of Confident Kids Childcare and Early Learning – Montanna Sarecki, Nevaeh Sarecki, Narla Sarecki, Sophia Korossy and Aurthurina Brady.

Every year our preschool participates in an excursion to the Marine Discovery Centre, where indigenous guide Kano shares stories about the Aboriginal heritage of Henley Beach and our children can explore indigenous artefacts.

Our play-based experiences include elements of Aboriginal and Torres Strait Islander perspectives to engage children in learning in a hands-on approach.

Key Areas of Focus

Social-Emotional skills to promote collaboration, friendship & FUN!

Social-emotional and collaboration skills are crucial for a child's development and future success. During these early years, children learn to express their feelings, understand the emotions of others, and develop empathy. These skills help them build positive relationships with peers and adults, creating a sense of belonging and security in their environment.

By fostering empathy and emotional intelligence through daily routines and activities, children learn to navigate social relationships and express themselves constructively. They also develop the ability to work in groups and communicate effectively, supporting Learning Outcome 1 (Children develop a strong sense of identity) of the Early Years Learning Framework (EYLF).

Cognitive and Problem-Solving Skills for creative thinkers

Activities such as the "Ball Ramp" inquiry-based project and "Number Mystery Water" engage children in critical thinking, hypothesising, and early numeracy skills. These experiences lay the groundwork for problem-solving and mathematical thinking, essential for school readiness.

Through these intentional teaching practices, we help children become confident learners who can approach new challenges creatively and with persistence (EYLF Outcome 4.1: Children develop dispositions for learning).

Independence and Self-Help Skills to nurture their confidence

Encouraging children to engage in self-directed tasks, such as cleaning up after activities, dressing themselves, and managing personal hygiene, promotes independence. These self-help skills build children's confidence and prepare them for the structured environment of school.

Key Areas of Focus

Physical Development to lay the foundation for a healthy lifestyle

Our program supports fine and gross motor development through hands-on activities such as cooking, building castles, and engaging in obstacle courses. These experiences develop the physical coordination, dexterity, and strength children need to participate fully in school tasks, such as writing or physical education.

Literacy and Language Development for effective communication

Language and communication skills are fundamental for school readiness. Our program effectively integrates storytelling, such as Aboriginal Dreamtime stories, and activities like “Literacy Leaves” where children engage with letters and words through play.

By incorporating Aboriginal stories and symbols, we enrich children’s understanding of narrative structure, vocabulary, and cultural literacy. These activities align with EYLF Outcome 5, ensuring children communicate effectively and develop early literacy skills.

Numeracy Development to use in all areas of their life!

Numeracy concepts are woven into everyday experiences, such as counting ingredients in cooking activities, recognising patterns during outdoor play, and participating in number-based games like “Find My Number.”

These practical activities help children develop number sense, recognition, and sequencing, all critical components of school readiness. They also build confidence in using mathematical concepts in real-life situations.

Projects

Many preschool projects will emerge throughout the year driven by children's interests through observations, children's voices, and activities set-up by teachers and educators. Once children initiate a project, teachers and educators can provide opportunity for children to learn in-depth through play and exploration on the topic by planning and preparing meaningful set-ups in different areas of the classroom incorporating a range of child lead projects with play-based activities including art, cooking, early science and maths, dramatic play, music and movement, to further develop their motor skills, language, cognitive development, socialisation and self-help skills with a holistic approach encouraging independence and creative thinking.

Preschool Room 'Birds' Project, Confident Kids Holden Hill

The preschool children began to show interest in birds after being shown a real bird nest and some bird feathers. Many discussions followed where the children began to share their knowledge of birds and ask questions...

...this interest was nurtured through planned & spontaneous play-based experiences across the term, giving children the opportunity to explore and expand their knowledge of birds (in a fun way!)...

...the preschoolers ended the term with an excursion to the local pet shop and purchasing their very own room pets...a couple of budgies!

Mindful Learning

Throughout the year we explore different aspects of the world around us with age-appropriate inquiry and play-based activities, focusing on sustainability, community helpers, lifecycles and staying active. We organise centre incursions & excursions to excite and engage our children in thinking about their wider community.

Our themes of exploration are:

- All About Me
- Community Helpers
- Lifecycles & Sustainability
- Healthy Eating & Active Lifestyles

Body Safety Program

Our Body Safety Program supports children to develop an understanding of themselves and others through education of body safe practices. Educators ensure that experiences are age appropriate, open, honest and factual in order to provide relevant and developmentally appropriate education for all children. Body safety activities are a fun way for children to explore different aspects of themselves: their characteristics such as their hair, skin, eyes, and also their differences and similarities.

We look at diagrams, read books and sing songs about body safety, 'body bubble', and learn the correct names for body parts.

ELLA Program

Our Preschool participates in the ELLA Program, which is a digital, play-based program that makes language learning engaging and interesting to preschoolers.

It is funded by the Australian Government and uses an app called 'The Polyglots' (meaning someone who is multilingual). Each child has their own account where they can choose from one of thirteen languages to engage in educational games such as cooking, art, role-play, building and music. Each child is supported by a preschool educator to navigate the app on a tablet device and learn a new language. To find out more you can visit, www.ella.edu.au/ella-program/

Sustainability

Teaching sustainability can be complex, so we start with exploring and forming links with nature. It is important to provide children with the opportunity to create those connections with their environment, to learn their place within the world and their ability to influence things. We facilitate activities such as, watering the garden, planting seeds and removing weeds. We also harvest and use foods we have grown to eat in our recipes.
Moreover, most of our craft activities have been created from recycled materials where we can because it can be such a great way for the children to show creative.

Our preschoolers tend to our centre veggie gardens- taking turns at planting, watering and weeding our herbs, fruit and vegetable plants.

Hands on exploration is the best way to learn about the plant lifecycle.

It's a rewarding experience to grow and then eat our own produce! We continue the cycle by adding our scraps to the compost for nutrient-rich fertiliser.

ENROL NOW!

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